



Tiger Dragon Martial Arts

Class Schedule

647-430-8904
tigerdragon.ca

PRIVATE LESSONS
by Appointment

Adults

KIDS, TEENS,
ADULTS (All Ages)

Advanced
Yellow & Up

Unavailable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																			
9	Unavailable						Unavailable																			
:30																										
10																										
:30		Advanced	Advanced	Advanced	Advanced																					
11	Unavailable					Skills	Unavailable																			
:30		Advanced	Advanced	Advanced	Advanced																					
12	Tai-Chi & Chi Kung 45 Min	Chi Kung 30 Min	Chi Kung	Chi Kung	Tai-Chi & Chi Kung 45 Min	Chi Kung 30 Min	Chi Kung	Sparring	Unavailable																	
:30																										
1	<h1>OPEN TRAINING</h1>						Chi Kung																			
:30							<h1>OPEN TRAINING</h1>						Advanced	Advanced												
2													<h1>OPEN TRAINING</h1>						Unavailable	Unavailable						
:30																			<h1>OPEN TRAINING</h1>						Unavailable	Unavailable
3																									<h1>OPEN TRAINING</h1>	
:30	<h1>OPEN TRAINING</h1>																									
4							<h1>OPEN TRAINING</h1>																			
:30													<h1>OPEN TRAINING</h1>													
5																			OPEN TRAINING	Skills	OPEN TRAINING	Skills				
:30																			Chi Kung	Sparring	Chi Kung	Skills Adults Only	Chi Kung			
6	Skills Adults Only	OPEN TRAINING	Cardio Kickboxing	OPEN TRAINING	Advanced Last Friday Every Month																					
:30	OPEN TRAINING		OPEN TRAINING		OPEN TRAINING	OPEN TRAINING																				
7	OPEN TRAINING	OPEN TRAINING	Unavailable	OPEN TRAINING	OPEN TRAINING																					
:30	OPEN TRAINING	OPEN TRAINING	Unavailable	OPEN TRAINING	OPEN TRAINING																					
8	OPEN TRAINING	OPEN TRAINING	Unavailable	OPEN TRAINING	OPEN TRAINING																					
:30	OPEN TRAINING	OPEN TRAINING	Unavailable	OPEN TRAINING	OPEN TRAINING																					

Private Lessons by Appointment only. This schedule is subject to change at any time.